

**MAY IS MENTAL HEALTH AWARENESS MONTH**

*Together for Mental Health*

**MAY 6, 2024**

**SLINGER HIGH SCHOOL  
PERFORMING ARTS CENTER  
6:30-8:00**



***Parent Awareness of Suicide  
and Having Difficult  
Conversations***

NAMI of Washington County will discuss suicide awareness and prevention, signs to watch for, what to do if you have concerns about your child's mental health, and how to talk to your children about suicide and grief.

**MAY 14, 2024**

**SLINGER HIGH SCHOOL  
PERFORMING ARTS CENTER  
6:00-7:30**



***Understanding Mental Health  
in Children and  
Early Adolescence***

School counselors and psychologists will provide background on the mental health continuum, early behaviors and risk factors, how parents can support at home, and available resources in and out of school.

Our speakers will be available for individual questions following each presentation.

**Both events are open to the public. We welcome ANY family who is interested in attending. Following the recent tragedies in our community, it's crucial that we come together to understand, support, and prioritize mental health. Your attendance and participation are not only encouraged but deeply appreciated as we navigate these challenging times together.**